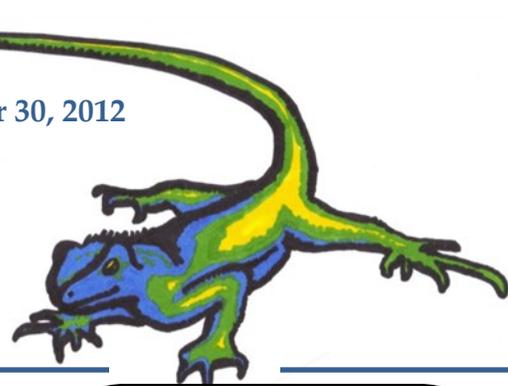


CIS NEWS FLASH

November 30, 2012



CIS Mission Statement: Cayman International School endeavors to provide each of our students the opportunity to achieve his/her academic and personal best within a U.S./ International educational environment that encourages and inspires leadership, character, and community service while embracing cultural diversity.

ALICE IN WONDERLAND....GETS RAVE REVIEWS!

With a cast of 106 students ranging in grades from Kindergarten through Grade 12, CIS put on a stellar production of Alice in Wonderland, Jr. this past week. More students were involved as stage crew too for a total of 111 students participating in the production. Audience members thoroughly enjoyed seeing the talented students sing and dance in their creative and vibrant costumes.

Many thanks to the cast members, stage crew, sound team, parents and the many teachers who worked so hard to make the show the success that it was! Congratulations to you all! (More photos within!)



A special thank you to the Camana Bay Arboretum for the live plants loaned to us for the stage sets.



Events

- Dec 1 SAT Testing
- Dec 3 CIS Giving Tree Begins
- Dec 4, 5 Cayman Culture Days
- Dec 7 Open Library Evening Event, 6-7:30pm
- Dec 8 PTA Green Market Holiday Fair, ARC, 1:30 – 4:30
- Dec 12 CIS 10th Birthday Celebration, 1:00pm, ARC
- Dec 17 Holiday Music Evening Concert, K-12, 6:30pm, ARC
- Dec 17, 18 Lunch orders and ticket sales, 7:00-8:30am
- Dec 18 Early Childhood Holiday Program, 10:00am, ARC
- Dec 19 Half Day for Students and Staff/ Faculty
- Dec 20—Jan 4 School is closed for Winter break
- Jan 7 School resumes
- Jan 7, 8 Lunch orders and ticket sales, 7:00—8:30am

Top StoriesPage 1

CIS Community News.....Page 2, 3, 4

Secondary Headlines.....Page 5

Secondary Counselor's Corner.....Page 6

Good Sports.....Page 7

CIS on the MovePage 8

Seen on Campus.....Page 9

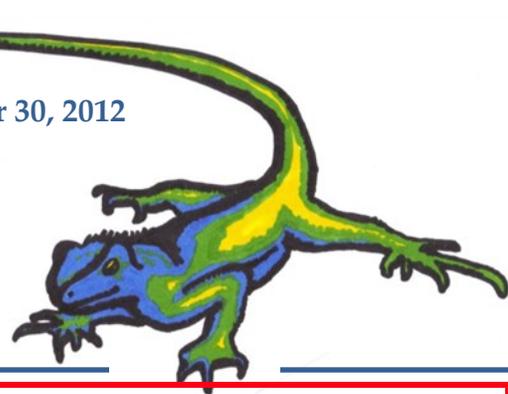
Senior Spotlight.....Page 10



Cayman International School | P.O. Box 31364, Grand Cayman KY1-1206
 phone 345.945.4664 fax 345.945.4650
 email: cis@cayintschool.ky
 website: www.caymaninternationalschool.org

CIS NEWS FLASH

November 30, 2012



CIS Community News

CIS STUDENTS ENJOY AN AUTHOR VISIT

This week our PK4 and kindergarten classes were fortunate to have the opportunity to visit with Rosemary Wells, well-known author and illustrator of children's books. She is often recognized for her *Max & Ruby* series. CIS students were joined by kindergarten students from surrounding schools, thanks to *Books and Books* who hosted this lively event! Students were entertained by Rosemary Wells' storytelling and discussion of her illustrating technique.



DECEMBER HOLIDAY CONCERT IS DECEMBER 17th

Save the date and be prepared!
The entire elementary school and all secondary music students will be performing in CONCERT at CIS, at 6:30pm in the ARC.

HOLIDAY CONCERT DRESS IS AS FOLLOWS:

Elementary Students: 'Holiday best' for the elementary school (pants/dress pants/dresses). No jeans, gym shorts, or t-shirts, please. This is a dress-up occasion for students.

Secondary Music Students (Grades 6-12): Concert Black for the secondary school (black pants/skirt/shoes/socks/belt and with button up dress shirt). Please refer to the Secondary Student/Parent Handbook for further details regarding dress code for performances.

CIS PTA GREEN WINTER MARKET

All CIS families are warmly invited to the "**PTA Green Winter Market**" on **Saturday, December 8th** from 1:30 p.m. until 4:30 p.m. in the ARC. The PTA and many volunteers are organizing a special holiday fellowship event as follows:

- * **Kids' shopping market to buy Holiday Gifts for family, friends, grandparents and pets. Santa's helpers will assist them with their choices!**
- * **Parents' shopping area for decorating your house with items from the Green Market of Handmade Christmas Crafts constructed from recycled materials.**
- * **Family holiday photos by photographer, Mr. Dave, for only \$5.**
- * **Homemade Baked Goods for purchase to take home or eat in, as well as tea, coffee and drinks for the kids!**

We are looking for lots of volunteers for the day of the event. We need people to bake, set up, clean up, wrap gifts etc. You can contact the PTA directly or go to the volunteer website at <http://vols.pt/JGr8XV>

CIS PTA wishes to support ARK (Acts of Random Kindness) again this year in their Giving is Receiving Program so we are asking that you donate some food items to this charity as your admission to the fair. Grocery bags are available in the office. See the attached flyer for a suggested grocery items.

As part of the holiday and giving season, we have a box outside of the Administration Office for gently used toys, games and books that will be donated to the Red Cross and the Humane Society. Lastly, if you have fun things for kids to buy in our market that no longer have a place in your home, we would love for you to donate those items and we will include them in our kids' market.

Lastly, if you have fun things for kids to buy in our market that no longer have a place in your home, we would love for you to donate those items and we will include them in our kids' market. Contact Sherrie at sherriehman@hotmail.com

We hope to see you all on Saturday, December 8th for the "PTA Green Winter Market"! Happy Holidays to Everyone!





CIS Community News

CIS Cayman Culture Days

The CIS Cayman Culture Committee has organized a wonderful selection of Cayman Holiday traditional activities for students on December 4th and 5th. In addition, the annual Cayman Cottage display is back in the courtyard for us to enjoy.

On Tuesday, students will have the opportunity to sample traditional Cayman cuisine and teas. Wednesday will be filled with guest speakers sharing their knowledge and experiences of life in Cayman.

Our featured guests include Ms. Janilee C. who will share stories of traditional holiday celebrations and turtling with our PreK students. We will have Mr. Paul H. who will talk about the history of sailing in Cayman with some of our secondary students. Also for a group of secondary students, Mr. Chris C. will bring examples of Cayman toys, crafts, and games. Mr. Kem J. will be sharing the history of boat building with the grade 2 and 3 students. Ms. Charisse M. will delight our grade 1 and kindergarten students with her traditional Cayman stories. Finally, we have Ms. Denise B. discussing Cayman homes with the grade 4 and 5 students. We are excited to have so many community members joining us for these special days!



CIS LIBRARY BIRTHDAY BOOK PROGRAM



Thanks to all our Birthday Book recipients from November including Melissa B.! These books have been donated to the library and can be found on display!

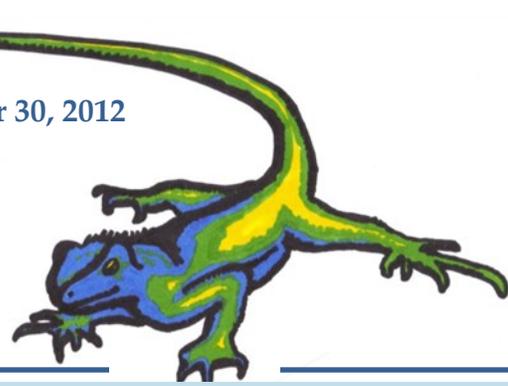
The Giving Tree is Ready...

Elementary Student Leadership decorated the Annual Giving Tree today so the tags are on the tree!

Please remember to see Ms. Simoni so she can record which tag you have before you take it home.

Thank you for your support!





Secondary School Headlines

CIS BASKETBALL

Basketball season is upon us; time to come out and have some fun and be part of a team. Open to boys and girls in all Grades 6-12, our season starts beginning in December. The first day of practice will be December 3rd.

We will be practicing 2 days a week: Monday and Wednesday, from 3:30pm – 4:30pm in the ARC.

All you need to have with you is a change of clothes and a pair of sneakers, and of course a positive attitude and a willingness to have fun.

Any questions please contact Coach Matt, Coach Scott, or Coach Amy.



Under the Distinguished Patronage of His Excellency the Governor, Duncan Taylor, CBE

Mentoring Cayman is a youth development initiative that has assisted more than 300 high achieving and motivated high school students to become the next generation of business and community leaders. Five students from Cayman are participating in the program:

Jordan P.
Jagger H.
Nicholas T.
Hannah E.
Josiah D.

They will each meet with their mentor for "one school day" per month for 5 months. The goals of the program are: to motivate students; introduce students to new career paths; encourage post-secondary education; promote student's development of confidence and competence; develop a positive work ethic and raise awareness of mentoring. Good luck with program!

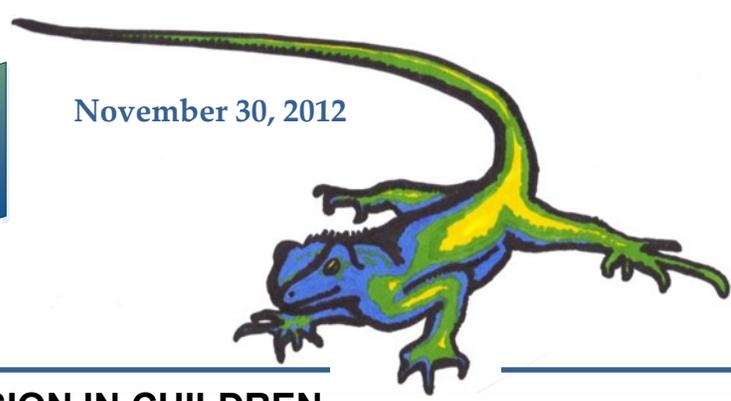
Congratulations to IB Diploma Senior students for completing the IB Extended Essay!



What is the "IB Extended Essay?"

The extended essay is an independent, self-directed piece of research, culminating in a 4,000-word paper. As a required component of the IB Diploma Programme, it provides practical preparation for the kinds of undergraduate research required at tertiary level, and an opportunity for students to engage in an in-depth study of a topic of interest within a chosen subject. It's a mini dissertation.





Secondary Counselor's Corner



Ms. Katie

MAJOR DEPRESSION IN CHILDREN

Major depression is one of the mental, emotional, and behavior disorders that can appear during childhood and adolescence. This type of depression affects a young person's thoughts, feelings, behavior, and body. Major depression in children and adolescents is serious; it is more than "the blues". Depression can lead to school failure, alcohol or other drug use, and even suicide.

What are the Signs of Depression?

Young people with depression may have a hard time coping with everyday activities and responsibilities, have difficulty getting along with others, and suffer from low self-esteem. Signs of depression include:

- Sadness that won't go away
- Hopelessness
- Loss of interest in usual activities
- Changes in eating or sleeping habits
- Missed school or poor school performance
- Aches and pains that don't get better with treatment
- And even possibly thoughts about death or suicide.

Some young children with this disorder may pretend to be sick, be overactive, cling to their parents and refuse to go to school, or worry that their parents may die. Older children and adolescents with depression may sulk, refuse to participate in family and social activities, get into trouble at school, use alcohol and other drugs, or stop paying attention to their appearance. They may also become negative, restless, grouchy, aggressive, or feel that no one understands them. Adolescents with major depression are likely to identify themselves as depressed before their parents suspect a problem. The same may be true for children.

What Can Parents Do If They Think Their Child May Have Depression?

If parents or other important adults in the child or teenager's life suspect a problem with depression they should:

- Make careful notes about the behaviors that concern them. Note how long the behaviors have been going on, how often they occur, and how severe they seem
- Make an appointment with a mental health professional or the child's doctor for evaluation and diagnosis
- Get accurate information from resources available in our community
- Ask questions about the different options for treatments and services
- Talk to other families in the community
- Discuss concerns with School Counselors and/or Teachers.

Reference: Substance Abuse and Mental Health Services Administration National Mental Health Information Center (2012); American Psychological Association (APA)(2012)

SAT TEST

UPCOMING SAT TEST INFO: NEXT SAT TEST DATE IS SATURDAY, DECEMBER 1st!

Test takers need to arrive at CIS by 7:40 am at the very latest!

Doors close at 8:00 am sharp, no exceptions. The test will conclude at approxi-

mately 12:30 pm.

Students need to have the following to be admitted to the SAT test:

1. SAT Admission Ticket
2. Photo Identification (acceptable IDs are Driver's license, Government issued photo ID, passport)

Students should also bring the following items:

- Several pencils
- Graphing, scientific, or four-function calculator (cell phones, laptops, and other devices are not allowed)

• Snack

• Sweatshirt (the A/C is on and the room may get a little chilly!)





Good Sports



CUC Primary Football League

CIS played St. Ignatius Primary. The U9's played a hard fought game with great work by Luke N. and Wills D. Unfortunately, CIS fell to St. Ignatius 0 to 1. U11's played hard and had some great showings by Ethan M and Nayah H. The U11's gave it their best but fell to St. Ignatius 0 to 4.

The next game is Saturday December 1 at CIS.



PSA SECONDARY TRACK MEET

CIS was represented by 45 athletes at the track meet last Wednesday held at Truman Bodden. The final results of the meet have not yet been communicated however, it was announced that Andrii S. beat the meet record in the 400m race. There were several 1st, 2nd and 3rd place finishes which will be announced when the final results are received. Great Effort CIS!





CIS on the Move

CIS Sailors WIN National RBC Inter-Schools Sailing Regatta

Last Friday, November 23, 4 CIS students participated in the National RBC Sailing competition. There were nine different schools participating and CIS had the smallest team of four: Charlotte W., Ava H., Georgie H., and Caylem H.! Congratulations to you all on your great sailing skills on that windy day!



The 25 Days of Christmas 2012...

Victoria B., CIS Grade 12 student, and her sister Elisabeth are once again organizing an annual toy drive called "The 25 Days of Christmas." With the motto of "Spread some Joy with a Toy" they hope to make this years drive bigger and better. You can help them achieve this by giving new, unused gifts for children of any age from babies to teenagers. Gifts can be dropped of at CICA (Cayman Islands Custom Agency) on Godfrey Nixon Way from December 1st through December 16th. Gifts will be delivered to the Children and Families' Services Department, the George Town Pediatric Ward and anywhere else they are needed!

For more information about the toy drive email Victoria at victoriatoydrive@yahoo.com



Seen On Campus



CIS NEWS FLASH

November 30, 2012

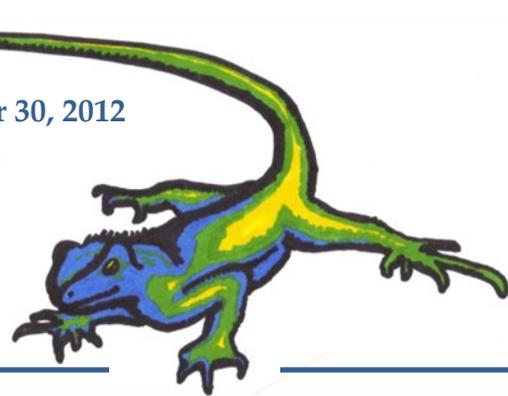


Seen On Campus

Disney's
Alice in Wonderland
JR.



Cayman International School | P.O. Box 31364, Grand Cayman KY1-1206
phone 345.945.4664 fax 345.945.4650
email: cis@cayintschool.ky
website: www.caymaninternationalschool.org



Senior Spotlight!



Sheline C.

Get to Know Sheline C.

What is your background and heritage?

I have quite a diverse heritage, even though my general heritage would be Indian. My dad was born in India and my mom is also Indian, but was born in Morocco. I, on the other hand, was born in the US Virgin Islands.

Which countries have you lived in?

The only countries I have lived in are the United States and the Cayman Islands.

How long have you been living in the Cayman Islands?

I have been living in the Cayman Islands for almost 5 years now.

How many years have you been at CIS?

I came to CIS in the 8th Grade, so it has been almost 5 years.

Describe yourself.

I would say that I am a determined person, but sometimes it can be a negative quality too, as it allows me to stress often. Many people told me that I am well organized, which is a great strength to have during the IB Program.

Which is your most favorite book ever? Why?

My favorite book would be Harry Potter and the Deathly Hallows. I would read a lot when I was younger, and the Harry Potter series was my absolute favorite. The last book is the one that I found the most suspenseful, and is definitely my preferred choice of the seven books.

What is one quality you admire most in others?

One quality I admire most in others is trustworthiness. I find that this is a quality that is hard to find, because it is difficult to know whom you can or cannot trust. This trait allows for a closer friendships and for people to know others better.

Describe a time when you wanted to quit, but didn't.

A time that I wanted to quit would be when I was working in Miami Children's Hospital in the summer of 2011. At that point in time, I had set my mind on becoming a doctor, and wanted to experience the feeling of working in a hospital. However, as soon as I was assigned to the emergency room, my feelings started to change. Hospital life was much more emotional than I thought it to be, and I felt as though it would be best if I were to leave, as I couldn't handle seeing kids being brought in each day, or walking through the corridors. I didn't leave, however, as my supervisor made me understand the strengths needed to work in a hospital. Doctors aren't those who do not care, or have no emotions. They are the ones with emotions towards helping, and doing all that they can to help. It turned out to be one of the most amazing experiences I have had, and hope to do it again in the future.

What has been your most rewarding community service experience?

My most rewarding community service experience was visiting psychological wards in Bangalore, India over the summer. I visited my grandparents who live in that city, and my parents took my siblings and I along to go and feed children who lived in psychological or disabled wards, along with men and women. I feel as though that was the most rewarding community service experience because I was able to see how much our time meant to those individuals, simply with a smile. They were so grateful to have visitors and treats brought to them, making anyone feel thankful for the life that they have.

What is your favorite movie and why?

I do not have a favorite movie, but one of my favorites would be "How to Train Your Dragon." I find that this movie is not only a cute, animated film, but at the same time shows the fondness in the relationship between the boy and his 'pet' dragon. And, I find that the dragon is absolutely adorable.

