Monday’s Paul Staso Assembly Motivated CIS!

Students in grades K-8 attended an assembly with motivational speaker, ultra-endurance runner and school fitness enthusiast Paul Staso to share his foundation, Promoting Active Children Everywhere (PACE).

PACE started with a promise Paul made to his daughter’s 5th grade class that he would run as far as they could run as a group. In the end, he ran 4,880 miles across the U.S. averaging 30 miles per day!

At our assembly Paul talked about the importance of leading an active, healthy lifestyle, proper nutrition, and fitness goal setting.

CIS made a promise to Paul that we would attempt to run the same distance as he is on his next Pace Trek: 506 miles (the distance across the Mojave Desert).

In addition to promoting fitness among our students, this challenge is a great way to build community within our school as families can log miles and participate as well. Every mile counts! We’ll start counting this week, and continue until Spring Break starts on April 22nd. Follow Paul at www.pacetrek.com. Why don’t we get moving, get out those sneakers, follow Paul and get active! Keep you own log as a family, add your miles to our school’s miles. Maybe just set out your own virtual journey and run or walk. Let’s get moving CIS!

CIS Idol

CIS Idol will be presented on Friday, April 8, 2011, in the ARC. CIS Idol is one of the favorite traditions here at CIS. This year marks the fifth annual talent show event and features talented students from Grades 3-12. There is no admission charge and this event promises to be feature some of the finest talent in the Cayman Islands. Please mark this date on your calendar!

ITBS (Grades 2-8)

The results for the ITBS (Iowa Tests of Basic Skills) were sent home last Friday, March 18, 2011. If you did not receive your child’s scores, please email the office (cis@cayintschool.ky).

ITBS results will be the featured topic at the Elementary Principal’s Coffee on April 5th, and the Secondary Principal’s Coffee on April 6th. If you’re interested in learning more about standardized testing and CIS participation in the ITBS, please attend one of these sessions. Please consult with your child’s homeroom teacher if you need additional information.
CIS Community News

DART Realty to Conduct Air Testing

Starting this month, Dart Realty will be conducting air testing related to air-odor issues due to the school’s close proximity to the George Town Landfill. Results from previous related testing (conducted from 2006 -2008) complied with acceptable standards and regulations in the USA and Canada. Their research has shown that the gases emitted by landfills are not typically dangerous for humans.

Dart Realty has placed equipment on campus to conduct continuous air monitoring. Testing should be complete by approximately 31 May 2011.

CIS PTA Gala Ticket Sales

The Annual CIS PTA Gala is April 2nd — buy your tickets now! Tickets are CI$100 each. Tickets will be sold on campus March 28th-30th, or contact one of the following parents:

Beth (bethwilsonhill@yahoo.com)  Wendy (sajmannnis@yahoo.com)
Veronique (verosteve@gmail.com)  Sarah (sarahromer@gmail.com)
Christine (dolbeares@gmail.com)  Kim Riley (kimriley99@hotmail.com)
Rochelle (caribbeankiwi@gmail.com)  Christina Ferrari

See the attached flyer for additional event details!

Afterschool Clubs & Activities:

• Session ends June 3rd.
• No clubs from April 18th through April 29th.

Health Tip for March

March is Nutrition Month, and this year’s theme is:  
**Eat Right with Color**

We encourage everyone to develop sound eating and physical activity choices. Have your children list the colors of the rainbow and name 5 fruits and vegetables that are each of those colors. You can find several nutrition education resources at [www.eatright.org](http://www.eatright.org).

--- Kind Regards The School Health Team

Re-enrollment for 2011/2012

Thank you to all who have returned their re-enrollment forms and seat deposits for the 2011/2012 school year.

This information is necessary for us to receive by the deadline in order to determine the number of available spaces for waitlisted students, the number of sections at each grade level, and staffing!

Parents who did not submit forms and/or deposits by the deadline will be notified of their status early next week.

Thank you again for all your support in providing the information in a timely manner.

CIS Donation Supports Cayman Heart Fund

CIS students who participated in the “Wear Red” Civvies day donated $328.85. Ms. Jean presented a check to Ms. Susan Rajah at the Assembly on March 22nd. Great job CIS!
Secondary School Headlines

Three groups of CIS Grade 11 students have entered the Gawk & Leer Design Competition. They have come up with innovative yet aesthetically pleasing designs that are functional and ready for judging. Part of the Gawk & Leer Competition is a “People’s Choice” award. Throughout the month of April members of the public are welcome to visit Icoa and vote for their favorite design. The pieces will be anonymous, so judging will be unbiased, but we encourage members of the CIS community to stop by and see the work from the different schools involved. Best of luck to the following CIS students:

Group 1
Daniel Z.
Taryn S.
Samantha G.

Group 2
Nicole F.
Isabella M.

Group 3
Ally M.
Sophie C.

Cayfest Young Image Makers
2011 Short Film Competition Finalists Need Your Votes!

Seven of the 13 CAYFEST Short Film Competition Finalists are CIS students. They include 10th grader Ryan F.; grade 8 students Chloe A., Lauren D., and Hannah R.; and 7th graders Tsin Zan G., Connor H., and Niklas W.

The winner of the competition will be selected by judges (70%) as well as popular vote (30%). Voting takes place between March 21st and April 8th. All of the films are posted online at http://www.youtube.com/caymanfilm. Please take a few minutes to view the films and when you’ve decided on your favorite, e-mail cayfest@candw.ky to vote.

The winner will be announced at the Young Image Makers Premiere on Saturday, April 16th at the Harquail Theatre. This annual competition is organized by the Cayman National Cultural Foundation and the Cayman Islands Film Commission. Good luck to all CIS finalists!

TO VIEW ALL THE FILMS LOG ON TO: http://www.youtube.com/user/CaymanFilm
TO VOTE FOR YOUR FAVOURITE, EMAIL: cayfest@candw.ky by April 8th
Students on the Move

Elementary Sports Day Fun!
FIFTH ANNUAL CIS TALENT SHOW

Talent show applications are due March 21st. 3rd grade through 12th gradeAuditions are scheduled for lunch March 23rd - 25th. A mandatory dress rehearsal will occur on April 7th at 3:30 p.m. in the ARC.
THE CIS PTA PRESENTS

2011 ANNUAL GALA

SOUTH BEACH MEETS SEVEN MILE BEACH

SATURDAY 2 APRIL 6PM

COCKTAILS  DINNER  DANCING  SILENT AUCTION  TICKETS C$100

SOLANA MARRIOTT HOTEL SMB
SEE THE FILMS and VOTE

VOTE BETWEEN MARCH 21 - APRIL 8 2011
To help send a

YOUNG IMAGE MAKER
to the
NEW YORK FILM ACADEMY’S SUMMER MOVIE CAMP

TO VIEW ALL THE FILMS LOG ON TO:
YouTube.com/caymanfilm

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TO VOTE FOR YOUR FAVOURITE
email: cayfest@candw.ky

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FINALISTS’ PREMIERE: HARQUAIL THEATRE
SATURDAY 16 APRIL 2011 - 7:00 pm

Call Rita at 949-5477 for further information