



CAYMAN INTERNATIONAL SCHOOL
APRIL 2021 MENU

WRAPS

Mild Jerk Chicken	\$3.50 or \$6.00
Crispy Chicken	\$3.50 or \$6.00
Chicken Caesar	\$3.50 or \$6.00
Ham & Cheese	\$3.50 or \$6.00
Vegan Wrap of the Week*	\$6.00

SANDWICHES

BLT Sandwich	\$7.00
Grilled Chicken Bap	\$7.00
Grilled Cheese Sandwich	\$3.50

SNACKS & SIDES

Chips & Goldfish	\$1.50
Popcorn (Assorted Variety)	\$2.50

SALADS

Caesar Salad	\$3.50 or \$7.00
Chicken & Mango Salad	\$4.00 or \$8.00
Chopped Salad	\$4.00 or \$8.00

ADD ON

Grilled Chicken Breast	\$3.00
Honey Mustard Dressing	\$1.00

FRUITS & DESSERTS

Fresh Mixed Fruits	\$3.50
Grapes, Sliced Apple or Orange	\$2.00
Chocolate Chip or Oatmeal Cookie	\$1.00
Chocolate Brownie	\$1.50
Blueberry or Chocolate Muffin	\$1.50
Strawberry or Peach Yogurt	\$2.50

DRINKS

Just Water	\$2.00
Tropicana Orange Juice	\$2.00
Juicy juice (Assorted Variety)	\$1.50
La Croix (Assorted Variety)	\$1.50
Rauch Ice Tea	\$2.50

SCHOOL LUNCH JUST
GOT SMARTER



APRIL 2021 HOT LUNCH MENU

THURSDAY 1

West Indian Chicken Curry

Served with a brown & white rice blend and steamed veg.

Baked Mac & Cheese

Served with veggie sticks.

Vegan Coconut Curry*

Served with a brown & white rice blend and steamed veg.

Chicken Noodle Soup

MONDAY 12

Sweet & Sour Chicken

Served with fried rice.

Beef Lasagna

Served with garlic bread.

Sweet & Sour Tofu*

Served with fried rice.

Chunky Vegetable Soup

TUESDAY 13

Chicken Tender & Fries

Served with veggie sticks.

Spaghetti Marinara

Served with garlic bread.

Plant Based Vegan Tenders*

Served with fries & veggie sticks.

Chicken Soup

WEDNESDAY 14

Election Day

No Hot Lunch

THURSDAY 15

Chicken Penne Alfredo

Served with veggie sticks.

Cottage Pie

Minced beef slow-cooked with thyme, covered with creamy, cheesy mashed potato.

Vegan Penne Alfredo*

With roasted broccoli.

Chicken Noodle Soup

FRIDAY 16

Half Day

No Hot Lunch

MONDAY 19

Crispy Chicken Sliders

Served with potato wedges and veggie sticks.

Pepper Steak

Served with a brown & white rice blend and steamed veg.

Vegan Pepper "Steak"*

Served with mushrooms, a brown & white rice blend and steamed veg.

Chunky vegetable Soup

TUESDAY 20

Beef Tacos

Served with low fat sour cream and corn salsa

Spaghetti Marinara

Served with garlic bread.

Vegan Black Bean & Sweet

Potato Tacos*

Served with vegan cheese and corn salsa.

Chicken Soup

WEDNESDAY 21

Chicken Quesadilla

Served with low-fat sour cream, salsa and corn salad.

Meatballs Marinara

Served with bowtie pasta and garlic bread.

Vegan Chickpea

Quesadilla*

With salsa & roasted corn salad.

Red Bean & Beef Soup

THURSDAY 22

Fried Chicken Wings

Served with sweet potato fries.

Spaghetti Bolognese

A rich, slow-cooked bolognese sauce with minced beef served over spaghetti.

Vegan Lentil Bolognese*

With spaghetti pasta.

Chicken Noodle Soup

FRIDAY 23

Coconut Crusted Chicken

Served with mashed potatoes and steamed veg.

Mahi Mahi Rundown

Served with a brown & white rice blend and cassava.

Vegan Pot Pie*

Served with veggie sticks.

Pumpkin Soup

MONDAY 26

Mild Jerk Chicken

Served with a brown & white rice blend and steamed veg.

Turkey Chili Nachos

Served with cheese and corn salsa.

Vegan Mild Jerk Cauliflower*

Served with a brown & white rice blend and steamed veg.

Chunky Vegetable Soup

TUESDAY 27

West Indian Chicken Curry

Served with a brown & white rice blend and steamed veg.

Cayman Style Beef

Served with a brown & white rice blend and steamed veg.

Vegan Red Lentil Lasagna*

Served with garlic bread.

Chicken Soup

WEDNESDAY 28

Gino's Cheese Pizza Slice

1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.

Turkey Pepperoni Pizza Slice

1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.

Spaghetti Marinara*

Served with garlic bread.

Red Bean & Beef Soup

THURSDAY 29

West Indian Chicken Curry

Served with a brown & white rice blend and steamed veg.

Baked Mac & Cheese

Served with veggie sticks.

Vegan Baked Mac & Cheese*

Served with veggie sticks.

Chicken Noodle Soup

FRIDAY 30

Turkey Dog & Fries

Served with veggie sticks.

Fish Fingers & Fries

Served with veggie sticks.

Vegan Hot Dog Bap*

Served with fries and veggie sticks.

Pumpkin Soup

*Vegan dishes are available through pre-order only.



yumcayman.ky