



CAYMAN INTERNATIONAL SCHOOL
ATHLETICS DEPARTMENT

High School Boys and Girls Volleyball, 2018-2019

Dear Parents and Athletes,

Cayman International School is proud of our role in expanding youth volleyball in the Cayman Islands. As it stands, our school represents the pinnacle of indoor youth volleyball on our island. We have passionate, experienced, and talented coaches. We are thrilled to continue this development and look forward to another successful season. In this document you will find all pertinent material needed to participate in high school volleyball at CIS.

Warm Regards,

Colin Crumpton

Director of Athletics and Activities

Overview Fall 2018

- **High School Boys Volleyball**
 - Last year witnessed the inaugural season of boys' volleyball at CIS. Though our teams competed in a coed competition locally, we were proud of competing as the first ever single gender boys' volleyball team at the CAISSA Season 1 Tournament last year. Led by our team of talented coaches, we anticipate continued growth in our boys' volleyball program.
- **High School Girls Volleyball**
 - Our girls volleyball team continues to develop. After a strong PSA season, our girls CAISSA team finished third in Santo Domingo having just missed out on a place in the final. With lots of returning players, we are looking for another strong showing locally and internationally.

Overview, continued

- **Middle School Intramural Volleyball (Late Spring)**

- We hope to launch an intramural volleyball "club" this year that will allow our middle school students who miss out on the PSA and CAISSA experience the opportunity to play competitive volleyball. More information about this opportunity will be released in March/April

Tryouts Fall 2018

- **Tryout Dates and Times: NB-** All tryouts start at 3:30pm and end at 5:00pm
 - **High School Girls:** Monday, September 3; Thursday, September 6
 - **High School Boys:** Wednesday, September 5; Friday, September 7
 - Players must arrive in the ARC in fully training apparel no later than 3:30pm
- All players must attend ALL tryout sessions to be considered for the squad. If a player is injured, sick, or otherwise unable to attend, the coach(es) for that team must be contacted at least 24 hours ahead of time and a legitimate excuse provided. Final discretion regarding attendance rests with the Athletic Director and administrators.
- All players must come to tryout sessions fully prepared. This means athletic apparel (top, shorts/spandex, gym shoes, etc.). As well, students should bring their own water bottles.
- **Selection Criteria:** Final decision for selection is the prerogative of each team's coach. That being said, the CIS Volleyball coaching team, including Athletic Director, have established a common language and set of expectations that we hope to see in all of our athletes. Coaches will share feedback throughout the tryout process to ensure that fair and developmentally appropriate decisions are made. Selection criteria can best be summarized in the following way:

Conceptual Understanding	Competencies (Skills)	Character
How well does the player understand the key ideas that lead to successful volleyball? Tactical and positional awareness as well as the basic concepts associated with the game will be assessed.	How well does the player manipulate the ball? To what extent is the player in control of their own movements? Basic skill development and higher level skills will be considered.	To what extent does the player embody the social and emotional characteristics of a successful athlete and student? These criteria, established by each coach, weigh just as heavily as the other two categories.

- **Team Selection:** Coaches will communicate their team selections with players and families no later than Tuesday, September 11. Training will begin Thursday, September 13.
- **NB-** At CIS we strive to be as inclusive as possible. We are limited by a number of factors including league regulations, pitch space, number of coaches, and equipment. We will do everything in our power to include all players interested in

playing and willing to demonstrate character traits befitting our athletic department.

Training Schedules Fall 2018

- Both high school teams will train together throughout the year. Some sessions will be divided, some will be conducted as clinics.
 - **Mondays:** Matches/Training, 3:30pm-5:00pm
 - **Tuesdays:** Training, 6:30am-7:45am (Showers available in the ARC)
 - **Thursdays:** Training, 3:30pm-5:00pm

Seasons, Tournaments, and One Day Events

- Private School Association (PSA) Volleyball
 - These matches will very likely land on Mondays. Schedules will be distributed by coaches as soon as they become available.
 - PSA Tournament- Date is TBD
- CAISSA Season 1, Nov. 8-11, Port St. Lucie, Florida
 - We will distribute lots of information about the changed CAISSA format in the coming weeks. Regardless, we plan to send one boys and one girls team (10 person rosters) to compete in this tournament.
 - **NB-** Selections for the CAISSA teams will be made at the same as selection for the PSA teams.

****Communication Protocols****

- All coaches will send weekly emails to parents and players to ensure clear and consistent communication.
- If you have any questions or concerns, please contact your coach first. If they are unable to address your question or concern, please contact Mr. Colin. If additional administrative support is needed, Mr. Colin will facilitate communication with the relevant parties.
- All CIS Volleyball coaches will utilize Google Classrooms to ensure clear, two-way communication with players and parents.