



CAYMAN INTERNATIONAL SCHOOL
ATHLETICS DEPARTMENT

Secondary Football, 2018-2019

Dear Parents and Athletes,

At CIS we strive for excellence in all that we do. This extends to the football pitch. Included in this document is all the pertinent information that you will need to participate in extracurricular football here at Cayman International School. We look forward to seeing you on the pitch!

Warm Regards,

Colin Crumpton

Director of Athletics and Activities

Overview Fall 2018

- **U13 Boys Football**
 - Our U13 Boys compete in the Dart U13 Football League. Additionally, we will participate in the KPMG Football Fest tournament in Nassau, November 1-4. Due to the competitive nature of this league and the high level of participation at this level, it is possible that some players who tryout for this team will not be asked to train with the squad for the season.
- **U14 Girls Football**
 - Our U14 Girls are the reigning champions of the Dart U14 Girls Football League. As well, our U13 Girls Football team returned from the KPMG Football Fest tournament in Nassau as champions. We plan to repeat both of those feats again in 2018. For the same reasons listed above, there is the possibility that some girls who tryout will not be able to train with the squad.

Overview, continued

- **U18 Boys Football**

- Our U18 Boys will compete in the Private Schools Association (PSA) U18 Boys Football League. As well, we will send a select squad to CAISSA Season 2 in Port St. Lucie, Florida in late January. Coach Sam looks to build upon the positives of the last two seasons.

- **U18 Girls Football**

- Our primary objective is to prepare our U18 Girls for the CAISSA Season 2 Tournament in Port St. Lucie, Florida. We hope to participate in a revamped PSA Girls Football League though that will depend heavily on the participation of our peer schools. Our girls are two time runners up in the CAISSA Girls Football Tournament.

Tryouts Fall 2018

- **Tryout Dates and Times:**

- **ALL TEAMS:** Monday, August 27; Thursday, August 30; Friday, August 31
- Players must arrive at the pitch NO LATER than 3:30pm. All tryout sessions will last until 5:00pm.
- All players must attend ALL tryout sessions to be considered for the squad. If a player is injured, sick, or otherwise unable to attend, the coach(es) for that team must be contacted at least 24 hours ahead of time and a legitimate excuse provided. Final discretion regarding attendance rests with the Athletic Director and administrators.
- All players must come to tryout sessions fully prepared. This means appropriate football attire (athletic shirt, shorts, football socks, **shin pads**, and football boots). Additionally, players should plan to bring water bottles and sun protection. CIS will provide cold water but players are expected to bring their own water bottles.
- **Selection Criteria:** Final decision for selection is the prerogative of each team's coach. That being said, the CIS Football coaching team, including Athletic Director, have established a common language and set of expectations that we hope to see in all of our athletes. Coaches will share feedback throughout the tryout process to ensure that fair and developmentally appropriate decisions are made. Selection criteria can best be summarized in the following way:

| Conceptual Understanding | Competencies (Skills) | Character |
|--|---|---|
| How well does the player understand the key ideas that lead to successful football? Tactical and positional awareness as well as the basic concepts associated with the game will be assessed. | How well does the player manipulate the ball? To what extent is the player in control of their own movements? Basic skill development and higher level skills will be considered. | To what extent does the player embody the social and emotional characteristics of a successful athlete and student? These criteria, established by each coach, weigh just as heavily as the other two categories. |

Tryouts, continued

- **Team Selection:** Coaches will communicate their team selections with players and families no later than Wednesday, September 5th. Official training sessions will begin Monday, September 10.
- **NB-** At CIS we strive to be as inclusive as possible. We are limited by a number of factors including league regulations, pitch space, number of coaches, and equipment. We will do everything in our power to include all players interested in playing and willing to demonstrate character traits befitting our athletic department.

Training Schedules Fall 2018

| U13 Boys | | U14/U18 Girls | | U18 Boys | |
|----------|------------------|---------------------|------------------|-----------|------------------|
| Tuesday | 6:30am-7:45am | Tuesday | 6:30am-7:45am | Monday | 3:45pm-5:30pm |
| Thursday | Matches/Training | Wednesday | Matches/Training | Wednesday | Matches/Training |
| Friday | 3:45pm-5:30pm | Friday | 3:45pm-5:30pm | Friday | 3:30pm-4:30pm |
| | | Goalkeeper Training | | | |
| | | Tuesday | 4:30pm-5:30pm | | |

- **NB-** Match days (Wednesdays/Thursdays) will serve as additional training days until the seasons begin.

Seasons, Tournaments, and One Day Events

- **U18 Boys**
 - League schedules for the PSA U18 League will be distributed by Coach Sam as soon as they are available.
 - CAISSA Season 2 is currently scheduled for January 28-31, 2019 in Port St. Lucie, Florida. Coach Sam and Mr. Colin will distribute additional information about this tournament in October. An additional selection will be made to create a 16-person roster for this tournament.
 - The PSA Small-Sided Football Tournament is scheduled for November 16, 2018 and will be hosted by CIS. Coach Sam and Mr. Colin will distribute additional information about this tournament and volunteer opportunities in October.
- **U18 Girls**
 - Coach Gisela and Coach Jayme will conduct an additional selection in October to create a 16-person roster for CAISSA Season 2, currently scheduled for January 28-31 in Port St. Lucie, Florida.
 - Additional information about the PSA U18 Girls League will be distributed as it becomes available.

- **U13 Boys**

- League schedules for the Dart U13 Boys League will be distributed by Coach Shailer as soon as they become available.
- CIS will enter a boys team in the KPMG Football Fest Tournament hosted by Lyford Cay International School in Nassau, Bahamas (Nov. 1-4). Additional information about this tournament will be distributed by Coach Shailer and Mr. Colin in the coming weeks. Selection for this team will be an extension of the selection process for the U13 league team. We will select 12 players to create a travel roster of nine. If at any point a player's commitment to the team waivers in the form of poor attendance, poor effort/concentration, poor academic performance, or poor interpersonal relations with teammates, they may be removed from the selection to be replaced by an alternate. This process will be explained in more detail in the official KPMG Football Fest packet.
- CIS will host a U13 Small-Sided Football Tournament on October 12, 2018. Coach Shailer and Mr. Colin will release additional information about this event in September.

- **U14 Girls**

- League schedules for the Dart U14 Girls League will be distributed by Coach Gisela and Coach Jayme as soon as they become available.
- CIS will enter a girls team in the KPMG Football Fest Tournament hosted by Lyford Cay International School in Nassau, Bahamas (Nov. 1-4). Additional information about this tournament will be distributed by Coach Gisela, Coach Jayme and Mr. Colin in the coming weeks. Selection for this team will be an extension of the selection process for the U14 league team. We will select 12 players to create a travel roster of nine. If at any point a player's commitment to the team waivers in the form of poor attendance, poor effort/concentration, poor academic performance, or poor interpersonal relations with teammates, they may be removed from the selection to be replaced by an alternate. This process will be explained in more detail in the official KPMG Football Fest packet.
- CIS will host a U13 Small-Sided Football Tournament on October 12, 2018. Coach Gisela, Coach Jayme, and Mr. Colin will release additional information about this event in September.

****Communication Protocols****

- All coaches will send weekly emails to parents and players to ensure clear and consistent communication.
- If you have any questions or concerns, please contact your coach first. If they are unable to address your question or concern, please contact Mr. Colin. If additional administrative support is needed, Mr. Colin will facilitate communication with the relevant parties.
- All CIS Football coaches will utilize Google Classrooms to ensure clear, two-way communication with players and parents.