



Meet the CIS Counselors



Ms. Andrea | Elementary School Counselor

I am originally from Alberta, Canada and have worked at CIS on and off since 2002! Before coming to CIS I worked at the International School of Zanzibar in Tanzania, in St. Kitts and Nevis and in Lethbridge, Alberta (Canada.) I have a Masters of Education in International School Counseling, a Bachelors of Education in Social Studies Education (I was originally a secondary Social Studies and English Teacher). I also have BA and MA in Social and Cultural Anthropology.

Here at CIS, I work with all students up to Grade 5 to primarily provide social and emotional support to students to help them feel confident, safe and successful at school. My job is to be an advocate for the kids at CIS. I work with the students as a full class through guidance classes, in small groups and individually. I also work with teachers and parents in different ways to help support students. I love my job and absolutely love working with our CIS kids, parents and teachers. I try to meet with all of the kids either individually or through a lunch group at least once throughout the school year just to get to know them all a little better. Please feel free to come in and have a chat with me anytime!



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Ms. Meghan | Middle School Counselor

I am originally from New Hampshire and came to Cayman this year from the American International School of Guangzhou where I worked as the MS Counselor. I have an M.Ed. in school counseling, a post grad certificate in Education Policy, and a MAT in Secondary English from my first career as an English teacher.

As the Middle School Counselor at CIS, I provide emotional and academic support to students, partner with teachers to help students, and consult and support families. My door is always open. Please send me an email or come in if you ever need anything, we tackle all worries, big and small.

Ms. Liz | High School & University Counselor

I recently moved from Denver, Colorado but I was born in and raised in Africa. I've lived on 3 of the 7 continents and visited all of them except South America and Antarctica. In the past 6 years as an educator, I have had the opportunity to work with over 1500 students of tomorrow's leaders and culture makers. I have a Bachelors in Family Counseling, Masters in Clinical Mental Health and School Counseling, and am currently a student at University of the Cumberlands Online -- PhD in Counselor Education and Supervision.

My role here at CIS as the High School & University Counselor is to support and advocate for the whole child in his/her development into a young adult who is college or career ready. The three main areas where I support students holistically are in the areas of academic growth, personal and social development, and university and career coaching. Practically speaking, supporting the holistic individual student and the whole high school population can take the shape of college and career curriculum development, needs assessments, small group interventions, one-on-one coaching, restorative justice mediations, learning support, letters of recommendation, organizational skills lessons, parent meetings, parent and student college events, and so much more. A day in the life of a school counselor is never dull!